

**NORTHLAND PINES
MIDDLE & HIGH
SCHOOL**

2023-2024

**CO-CURRICULAR
ACTIVITIES
CODE OF CONDUCT
HANDBOOK**



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Northland Pines School District Co-Curricular Activities Code Handbook

I. INTRODUCTION

The Northland Pines School District Co-Curricular Activities Code Handbook has been developed to help students and parents/guardians understand procedures and regulations for participation in all extracurricular activities.

II. PHILOSOPHY

Student participation in co-curricular activities is an integral part of the Northland Pines Middle & High School. Participation in co-curricular activities is a privilege that complements the educational program and provides opportunities, recognition, and responsible behavior. Regulations are designed to provide reasonable consequences while promoting effective, comprehensive activities. The Co-Curricular Activities Code is enforced for all Northland Pines Middle & High School activities.

III. ACTIVITY REGULATIONS

A. Duration - The Co-Curricular Activities Code is a twelve (12) month code and will be enforced the entire duration of the student's Middle & High School tenure. Any changes made to the code will be highlighted at Parent-Athlete-Coaches Meeting and posted on-line.

B. Process - The student and parent/guardian involved in NPMS & MPHS co-curricular activities can expect the following from the Activities Office:

1. The Co-Curricular Activities Code will be presented and/or posted on the NPSD school website.
2. The Coach's/ Advisor's expectations will be explained and discussed at the team/club meeting.
3. The procedure for physical examinations and insurance will be explained.
4. The rules regarding distribution, maintenance and return of athletic/activity equipment will be explained.
5. The possibility of injury or death as a result of participation in activities is acknowledged.
6. Parents and Athletes will be provided the opportunity to purchase health and dental insurance provided by Student Assurance Company (brochure available in school office). Parent/Guardian is responsible for any cost associated with an injury while participating in NPSD activities. The school district waives any liability for athletes without insurance coverage.

C. Physical Examinations - All grades 6 through 12 interscholastic athletic participants, cheerleaders and dance, hereafter referred to as athletes, are required to pass a physical exam.

1. WIAA Medical Eligibility Form must be on file before a participant may practice.
2. Physical examinations are valid for two years at the Middle & High School level, as per WIAA.
3. Alternate Year Athletic Permit Card may be filed with a parent's signature on the year the physical is not required.

D. Consent Forms- All participants must have on file the following four items prior to the first practice:

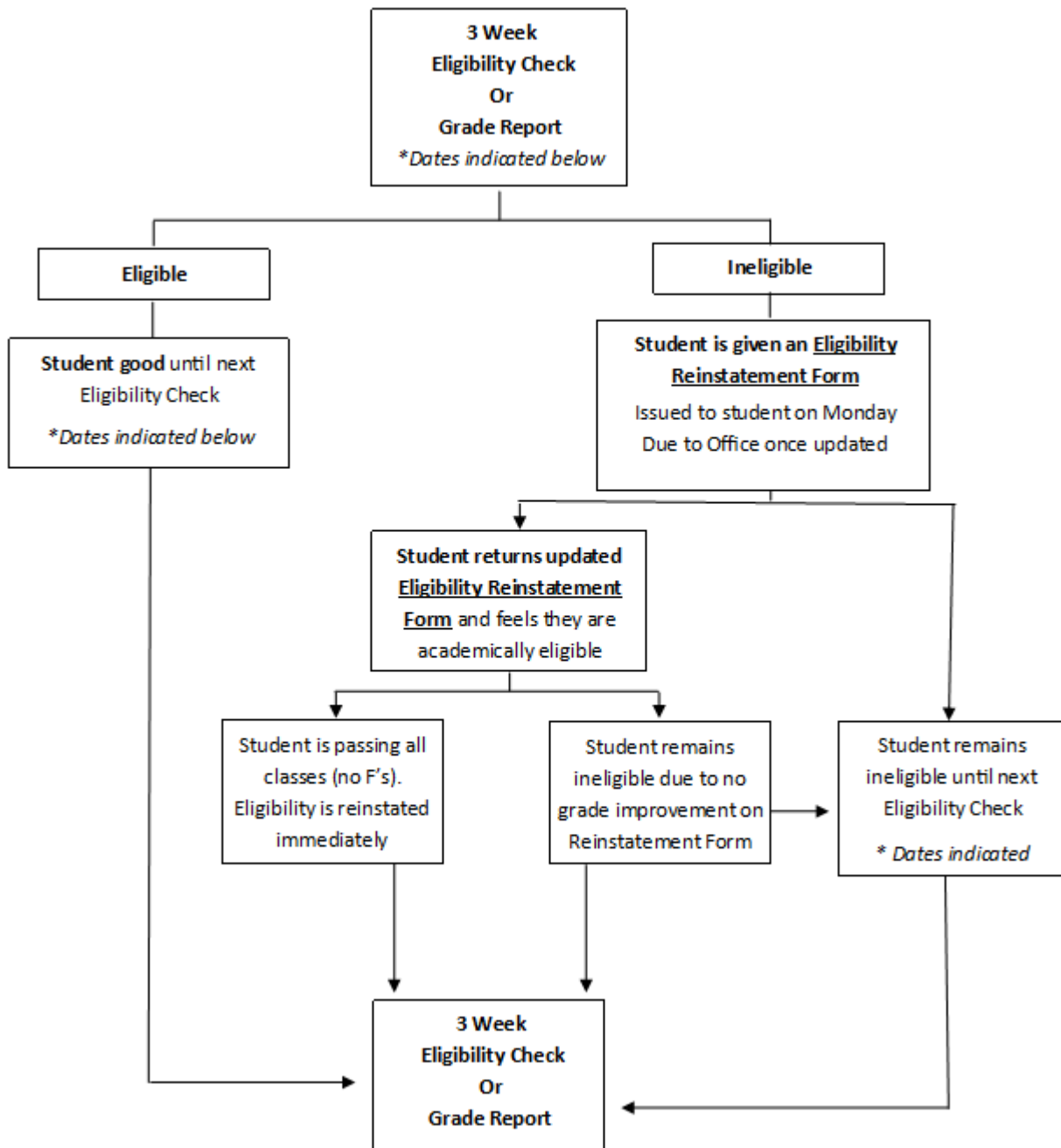
WIAA Medical Eligibility or the Alternate Year Athletic Permit Card
Signed Co-Curricular Activities Code of Conduct Handbook

Impact Concussion Consent Form (completed every other year)
Updated Household Verification information in Infinite Campus

E. Grades

1. Students participating in activities will have their grades checked by administration, coaches, and advisors for no F's and GPA above 2.0 during the season they participate.
2. **Eligibility Checks** (3 weeks) / **Grade Reports** (trimester) will be reviewed for student academic progress. Please reference Eligibility Flowchart (page 4).
 - A student deemed ineligible will be issued an Eligibility Reinstatement Form (page 5) and will be required to follow protocol.
3. The principal shall determine academic eligibility for all students.
4. There shall be no appeal for academic ineligibility.
5. Summer school is not considered a term.
6. Students that incurred a grade violation and served their academic suspension will retain their eligibility to letter or receive post season honors for that season.
7. Students who are academically ineligible, committed a WIAA sanctioned suspension, or are under a code violation will not travel with the team if the team is released early from class for an event. If a suspended student drives themselves to an away event, they will not be allowed to sit on the bench during the contest.
8. **Ineligibility** – A student is ineligible if they receive one “F” or their GPA is below 2.0 during the last completed **Eligibility Check** or **Grade Report**. (A student taking an online class needs to be within 10% of their pacer guide given at the beginning of the course.)
 - Once the next grading period begins, the student on academic suspension will have their progress checked weekly by administration. After three weeks of the new grading period, student participant must be passing all of their classes with a 2.0 GPA and served their game suspension in order to be eligible for games/events. If the student is failing any classes, they will remain ineligible to participate in any games/events until the next Eligibility Check.
 - A student may practice during this suspension however; a parent, administrator or coach may decide that a student should work on academics instead of practice.
 - Academic suspensions need to be served in the current sport unless there are not sufficient contests remaining to fulfill the suspension requirements. If this occurs, the remainder of the suspension will be served in the next sport in which the student participates.
 - Cases for all non-athletic activities will be reviewed on a case-by-case basis by administration.
 - Fall Sports: Per the WIAA the minimum ineligibility period will be the lesser of:
 - 21 consecutive calendar days beginning with the date of the earliest allowed competition scheduled by the WIAA in a sport.
 - One-third of the maximum number of games/meets allowed in a sport (rounded up if 3 results in a fraction).

Eligibility Flowchart



3 Week Eligibility Check VS Grade Report: Academic progress on the current status of grades run every 3 weeks for all students currently in an activity used to determine student eligibility.

Eligibility Reinstatement Form: Routinely given to students identified as ineligible on Mondays; due to the office at the end of that school week.

2023/24 Eligibility check dates (Usually Mondays.): Oct 2, Oct. 23, Nov. 13, Dec 6, Jan. 2, Jan 22, Feb. 12, Mar. 8, Apr. 2, April 22, May 13, and June 11.

Grade Report: Posted grades at the end of the trimester for all students. For the 3rd trimester posted grades (June), WIAA Academic Ineligibility protocol must be followed (reference letter E Grades #8 ineligibility).

Eligibility Reinstatement Form

NPHS Activities Department

Player: _____ Date: _____

Sport/Activity: _____ Coach: _____

For the Student:

Currently you have an "F" or "Incomplete" in the class(es) listed and are ineligible to play in a contest or travel with the team. **When your grade has changed**, turn in this completed form to the Activities Office or Activities Director.

If you do not hand in this completed grade report, you will be ineligible and your grade(s) will not be reviewed until the next grade report (in approximately 3 weeks).

For the Teacher:

Class	Current Grade	Updated Grade (no longer an F or Inc)	Teacher's Signature	Date

F. Activity Fee

All Middle & High School athletic participants will pay a \$30.00 fee with an individual maximum of \$60.00 per school year. This activity fee is for the school year for all school-sponsored athletics, Drama, Musical and Forensics. The fee for Band/Choir solo and ensemble (one charge for both groups) is \$10.00. If the student qualifies for free/reduced lunch, the activity fee will be waived with completion of the free/reduced lunch Sharing Information with Other Programs form.

G. School Attendance

1. A student must be in attendance the full day to participate **in practice and/or competition**. Any participant found to be in violation of this rule will be suspended on that day's scheduled practice, game (or event) following the date of his/her absence or the next event once reported to an administration. Emergencies and pre-approved appointments deemed acceptable by administration and/or at the coach's discretion are the only exceptions to this requirement.
2. A student must be in school the entire day following a contest unless he/she has an acceptable pre-approved absence. If a student is absent the morning following a game/event that student will not be eligible to practice or compete in a game/event that day unless he/she presents a note from a physician's office.
3. A student who is permanently removed from a class or is subject to disciplinary action will be ineligible to participate in the next scheduled game/event following the date of the infraction in lieu of any detention or suspension. However, at the discretion of the administration the student may sit a game and/or serve a detention or suspension.

H. Travel

1. Participants must use transportation provided by the school for all events regardless of distance or location. The school will not assume responsibility for any student who misses the bus and attempts to travel to the contest site on his/her own, nor will the student be allowed to participate in said contest
2. On the return trip home from out of town events, the coach/advisor shall release a student to his/her parent or legal guardian only if the parent signs the transportation form that the coach/advisor will provide at the game or event. In an emergency, the student may be released to another adult only with written permission from the parent. In a non-emergency the coach or advisor shall release a student to another parent/guardian only when a pre-approved note has been turned in to the Activities Secretary 1 day prior to the trip.
3. Games (card, etc.) may be played on away bus trips to pass the time; however, money must **NOT** be involved in any way.

I. Participation Rule

A student may participate in co-curricular activities in the Northland Pines School District as long as that student adheres to all policies of the Northland Pines School District and refrains from any acts involving use, possession, purchase, or sale of alcohol, tobacco, or any controlled substance as defined by law. An exception is the use of alcohol in a formal religious ceremony.

In an effort to deter students from the use of illegal drugs and to identify students who are using illegal drugs NPSD has instituted a volunteer random drug testing policy signed by both Parent/Guardian and student. Drug will be defined as: "Any substance that alters perception or behavior, reducing the individual's ability to function appropriately in the school environment." This policy 2431.02 has been implemented in order to provide an opportunity for intervention and treatment. This program provides random drug testing of District

students with signed Parent/Guardian and student permission form. If a student tests positive, our goal is to assist that student and family with the resources/counseling education that is available to our students. Our school social worker will also assist in this process. Although this policy is not meant to be punitive in nature, if a student does participate in a sport or activity that falls under the Co-Curricular Activities Code of Conduct Handbook, a positive test will be treated as a self-report. This policy may be found on the NPSD website with more detail.

J. Coach/Advisor's Expectations

The coach/advisor will establish, in writing, expectations for all students in extracurricular activities. Expectations will include acceptable conduct. The coach/advisor, principal and/or the activities director will establish any discipline, which could involve suspension or dismissal from the activity. The coach/advisor, principal and/or activities director will notify the parent/guardian or send a letter of explanation to the parent(s)/legal guardian(s), of a suspension or dismissal.

K. Initiation/Hazing Rule

No form of initiation, bullying and/or hazing in any activity will be tolerated. Any violation of this rule will result in immediate disciplinary action.

L. Equipment - The care and maintenance of equipment will be the responsibility of the participant and school district.

1. The participant is responsible for turning in issued equipment/uniforms to their coach within 10 days after the end of the sports season or when he/she terminates participation. The student/athlete will be charged for the full replacement cost.
2. Individual awards will be withheld if equipment is not turned in on time.
3. Students who have outstanding fines from previous activities or class fees will not be allowed to participate in current activities until such fines are paid in full.

IV. INSTITUTIONAL RULES

A. The rules which govern the various components of the activities department, are as follows:

1. Rules established by the Wisconsin Interscholastic Athletic Association(WIAA) which is covered in the WIAA Handbook.
2. Rules established for non-WIAA activities at a State and National level.
3. Rules established by the individual conferences, filed with the Activities Director.
4. Rules established by the Northland Pines School District including policies and procedures.
5. Rules established by a coach/advisor for a specific activity.

B. Deviations from institutional rules may be violations. Penalties are indicated for each rule.

V. CONSEQUENCES OF AN ACTIVITY CODE VIOLATION

Students who make a commitment to accept the responsibilities listed in the Activities Code will have the privilege of full participation in the extra-curricular activities program. Violations of the responsibilities described in the "Participation Rule" as stated, will be dealt with in the following manner:

A. If the Principal and/or the Activities Director determine that a possible code of conduct violation has

occurred, the involved student and his/her parents/legal guardians will be notified and, if suspension is warranted, notification of the offense will be confirmed in writing.

B. Any student found to be in violation of the activity code of conduct during a season may, at the discretion of the coach, Principal or Activity Director, forfeit their eligibility to letter or receive post season honors in their current or next season. This does not apply to academic violations.

C. The consequence of violations include anytime a student/athlete is not participating in a sport/activity season, including the summer. An athlete is governed by the code during his/her entire high school career once the code is signed.

D. All violations, including unacceptable conduct, will accumulate throughout a student's Middle & High School career beginning with the time an athlete signs his/her first code.

E. Behavior Unbecoming of an Athlete may or may not be actions of a student associated with violations of drugs, alcohol, tobacco, inappropriate technology use, bullying/harassment, criminal, but not inclusive to this list may be categorized as "Behavior Unbecoming of an Athlete" will be dealt with on a case-by-case basis by the Principal, Activities Director and Coach.

F. Reports of activity code violations will not be considered if more than 120 days have passed since the alleged violation occurred.

G. Any actions of inappropriate conduct or behavior by an athlete deemed unacceptable will be dealt with on a case-by-case basis by the Principal, Activities Director and Coach. These actions or behavior if found to be inappropriate will be dealt with under the violation of "Behavior Unbecoming of an Athlete."

H. Penalties for violating the Activity Code, will be assessed as follows:

Middle School Students (Grades 7 & 8); High School Students (Grades 9-12).

First violation of Code: (Same for both Middle School & High School students).

--Suspension for 15% of the **entire** scheduled season with a minimum of 1 game/event or the next activity the student participates in within twelve months of the day of suspension. If involved in more than one activity, the Principal and Activities Director will determine the suspension for all activities.

--Attend and actively participate in AODA counseling with School staff, Social Worker, Counselor or administration if the violation involved alcohol, drugs or tobacco.

-- If the violation is self-reported by a student/athlete or parent a reduction of a suspension will be considered.

Second Violation of Code: (Same for both Middle School & High School students).

--Suspension for 50% of the entire scheduled season or the next activity the student participates in within twelve months of the day of the suspension.

--Attend and actively participate in AODA counseling at the expense of parent or guardian if the violation involves alcohol, drugs or tobacco. Student must present a certificate of completion of counseling in order to regain eligibility.

--A mandatory meeting with the student, parents/guardians, Activities Director, coach and Principal to discuss the situation and measures taken.

--Ineligible to letter or receive school activities award for that season but are eligible to participate in post-season tournaments.

--If the violation is self-reported by student/athlete or parent a reduction of a suspension will be considered.

Third Violation of Code: (Same for both Middle School & High School students).

- The student is ineligible to participate for the rest of his/her Middle School career.
- The student is ineligible to participate for the rest of his/her High School career.

NOTE:

- Any code violation deemed “illegal” may be referred to law enforcement.
- If too few contests/time remain in an activity to satisfy a suspension, the suspension will carry over proportionally into the student’s next activity.
- If the student/athlete is currently under suspension, the next penalty will begin after any previous suspension has been completed.
- A student/athlete participating in a sport/activity needs to satisfy any suspension penalty and must complete that season in good standing for the penalty to be satisfied.
- The current season of participation is considered over with the completion of that sport’s WIAA Tournament.

Parent/Guardian or Participant Referral

A. The participant and/or parent/guardian can refer the student for help and assistance regarding the use of drugs, alcohol, controlled substances, or tobacco. Self-report rule stands for first and second offense.

B. A Self-report is when a student/athlete or parent contacts a Coach, Teacher or Administrative Personnel to report a violation of the Co-Curricular code. A self-report must happen within the completion of the next school day.

C. If a Coach, Teacher or Administration independently learns of a violation, after the self-report deadline full penalties will be imposed vs. a self-report.

Note: The AODA program coordinator must keep confidential information received from a student that the student or another student is using or is experiencing problems resulting from the use of alcohol or other drugs unless:

1. The student using or experiencing problems resulting from the use of alcohol or other drugs consents in writing to disclosure of the information;
2. The staff member has reason to believe that there is serious and imminent danger to the health, safety, or life of any person and that disclosure of the information to another person will alleviate the serious and imminent danger (no more information that is required to alleviate the serious and imminent danger may be disclosed).
3. The information is required to be reported for child abuse/neglect reporting purposes under section 48.981 Wis.Stats.

D. If a self-report is granted, the participant may be allowed to practice and the number of suspended contests served will be reduced to one-half (1/2) of the first and second offense violation. Only under a self-report will a student be able to retain eligibility for awards while in a school and/or a community assistance program. A self-report must happen within the completion of the next school day.

VI. ENFORCEMENT

Any student who feels that the interpretation or enforcement of these rules is unfair has the right to appeal under the due process procedure.

VII. PROCEDURE OF DUE PROCESS

"Due Process" recognizes the rights of the individual and outlines his/her recourse in the event he/she feels a

wrong decision has been made. The "due process" outlined, hereafter, are the steps for a student and/or his/her parent/guardian to follow on appealing decisions relating to eligibility. This procedure must be followed during appeals or any contemplated legal action.

NOTE: Once the decision of ineligibility or appeal has been received, the actual counting of the days will begin the following calendar day.

A. After a ruling of ineligibility resulting in suspension from activities has been made, a student and/or his/her parent/guardian may formally appeal the decision in writing to the Principal. Such an appeal must be received within 3 working days from the first day the notification of ineligibility was received. During an appeal the student will remain ineligible during the appeal process.

B. After an appeal has been received, a date for a hearing will be established by the Principal. Said date will be no later than 5 working days after receipt of the written appeal.

1. Present at the hearing will be the Hearing Board, will be 3 people appointed by the School Principal, the student, his/her parent/guardian (if applicable) and a recording secretary.

2. The hearing will provide an opportunity for testimony and other evidence to be provided by both parties. The hearing officers may conduct additional investigating if they deem such to be necessary.

3. The Hearing Board will then make their decision in closed session. The student, parent/guardian, administration and the coach/advisor will be informed of the decision either in written form or verbally within 24 hours of the close of the hearing.

4. Proceedings of the hearing, including the decision, will be put in writing, and a copy of these proceedings will be mailed to the student and/or his/her parent/guardian within 3 working days of the conclusion of the hearing.

C. If the student and/or his/her parent/guardian are not satisfied with the decision of the Hearing Board, a hearing before the Policy Committee may be requested in writing. Said request must be addressed to the District Administrator and must be postmarked or hand delivered no later than 3 working days after receipt of the Hearing Board's decision.

D. After receipt of the hearing request, the District Administrator will establish a hearing date. Said date will be no later than 5 working days after receipt of the written appeal of the student and/or his/her parent/guardian. Any alteration of this established timeline can be accomplished only by mutual consent of all parties involved.

1. Present at the hearing will be a quorum of the Policy Committee, the student, his/her parent/guardian, the coach/advisor involved (where applicable), and a recording secretary.

2. The hearing will provide an opportunity for testimony and other evidence to be provided by both parties. The Board may conduct additional investigation if it deems necessary.

3. A decision shall be made, and the student and the coach informed thereof, either in written form or verbally within 24 hours of the close of the hearing.

4. Proceedings of the hearing, including the decision, will be put in writing and a copy of these proceedings will be mailed to the student and/or his/her parent/guardian within 3 working days of the conclusion of the hearing.

LETTER REQUIREMENTS FOR PARTICIPANTS

Northland Pines activities are designed to encourage student participation in as many activities as possible. Participants may earn coach/advisors' awards and school awards at the discretion of the coach. The coaches/advisors' awards are for recognition of traits a coach/advisor believes are vital for the success of the activity they coach/advise.

Approved list of Awards:

1. Certificate of Participation: The participant has not met the criteria to earn a Varsity letter.
2. Letter: A Varsity letter is earned for participation on a varsity squad.
3. Pin: One per activity is awarded the first time a letter is earned in each sport.
4. Bar: Each time a subsequent letter is earned in each sport.
5. Managers: May earn a participation award, a letter and pin in each sport.
6. Individual awards will be given at coaches' discretion.

SUPPLEMENT TO THE ACTIVITY CODE

Coach's/Advisor's Expectations

The Activity Code states that each coach/advisor may establish in writing his/her own expectations, which are to include student behavior. The supplement is developed to identify acceptable student conduct, which supports the ideals, principles, and standards of the school district. Although the major portion of this supplement deals with expectations as a member of a team, behavior as a member of the team and behavior as a member of our community and within our school society will be recognized. If behavior is considered unacceptable, the student will be disciplined as stated in the final paragraph of this supplement and the coach/advisor, Principal or Activity Director will contact the parent/guardian regarding the behavior.

The areas of expectations for Coaches and Athletes are as follows:

- A. Practice Rules
- B. Locker Room Rules
- C. Game Conduct H. Training Hours
- D. Transportation Conduct I. Conduct which could be a violation of
- E. Equipment Care the Wisconsin Criminal Code
- F. Language
- G. Dress Code

Because the expectations cover a multitude of possible violations, with a varying degree of severity, the consequences are also very broad. It is our intent to apply appropriate consequences to violations of these regulations. Therefore, these consequences may include any of the following:

- Verbal reprimand
- Extra work
- Partial game/participation suspension
- Full game/games/participation suspension
- Loss of eligibility in the sport/activity
- Loss of eligibility for one calendar year
- Loss of Letter or post-season awards

EXPECTATIONS OF ACTIVITY PARTICIPANTS

A. Practice Rules:

1. No unexcused tardiness or absenteeism will be tolerated. All tardiness and absenteeism will be considered unexcused unless the coach/advisor is personally notified in advance.
2. Athlete/Participant is to be properly attired for the practice/participation.
3. Athlete/Participant is expected to attend practice in street clothes if physically unable to practice/participate.
4. Only pre-arranged early dismissals are excused.

5. Respect for teammates/cast members/music participants and staff is expected.
- B. Locker Room/Stage Area/Band Room and/or other activity area rules:
1. NPMS & NPHS assigned lockers and lock will be provided
 2. Horseplay, fighting and hazing are not allowed. Only appropriate language is acceptable.
 3. Athlete/Student is expected to keep their locker, locker area, stage area, band room and personal materials neat, clean and picked up.
 4. No glass containers are allowed in the locker room area.
 5. No one is allowed in the coach's/advisor/s office, training room, towel room or storage area/stage area/band area unless a coach/advisor is present.
 6. Athlete/Participant is expected to show respect for school property as well as their teammates/cast members/music participant's property.
 7. Theft of any kind will not be tolerated.
 8. Any inappropriate material (i.e. song lyrics or R-rated movies) on bus trips, in the weight room or in locker rooms is strictly prohibited.
 9. Cell phone usage is not permitted in the locker rooms.
- C. Game/Participation Conduct:
1. Follow all WIAA rules, activity specific rules and regulations.
 2. Respect teammates/cast members, music participants, coaches/advisors and fans.
 3. Respect opponents coaches/advisors, opponents and fans.
 4. Respect all officials and judges.
 5. Athlete/Participant is expected to be attentive to the game/contest/play and be where they belong and conduct themselves as outlined by the coaches/advisors.
- D. Transportation Conduct:
1. Athlete/Student is expected to be on time.
 2. Athlete/Student is expected to follow the instruction of the staff regarding conduct: 12
 3. While on the bus.
 4. While stopping to eat.
 5. While in the visiting community or school.
 6. Athlete/Participant is expected to follow the instructions of the bus driver regarding:
 - a. Food and drink allowed on the bus.
 - b. Cleanliness of the bus.
 - c. Movement while on the bus.
 - d. General conduct while on the bus.
 7. Cell phones may be held by Coach/Advisor while traveling in school provided cases.
- E. Language
1. No foul language, clothing with suggestive emblems or use of unacceptable gestures will be tolerated.
 2. Athlete/Participant is expected to exhibit a degree of morality acceptable to the normal school setting.
- F. Dress Code
1. Dress expectations will be no less than that acceptable in the normal school setting.
 2. Special occasion expectations will be outlined by the staff.
- G. Conduct which could be a Violation of the Wisconsin Criminal Code - The student/athlete will represent the program of which he/she is involved, the school and the community in a positive manner. If the judicial system determines that the student athlete/participant has violated the Wisconsin Criminal Code and that violation is or proves to be a negative effect on the program, appropriate consequences will be determined.

ALL PARTICIPANTS:

PLEDGES:

1. I agree to abide by all rules and regulations and any future changes as set forth in the pages of the Activity Code and the Coach's/Advisor's expectations. (Any changes can be found on the Northland Pines School District Website.)
2. I agree to assume full responsibility for all equipment issued to me and to confine the use of that equipment to approved practice, meets or games.
3. I will further agree to pay for any and all equipment that I lose, misplace or damage through carelessness or intent.

Northland Pines Parent Code of Conduct

Northland Pines has implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents supporting their child in sports. Parents should read, understand, and sign this form prior to their children participating in our activities. Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and these six core principles:

- Trustworthiness
- Respect
- Responsibility
- Fairness
- Caring
- Good Citizenship

The highest potential of sports is achieved when competition reflects these “principles of character.” *I therefore agree:*

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for the youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a role model for my child and encourage sportsmanship by showing respect and courtesy, by demonstrating positive support for all players, coaches, officials, and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing and taunting, refusing to shake hands or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of all athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials, and spectators with respect regardless of race, creed, color, sex, or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.

13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.

14. I will promote the emotional and physical well-being of the athlete ahead of any personal desire I may have for the child to win.

15. I will respect the officials and their authority during games and will never question, discuss or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.

16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol.

17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the game.

18. I will respect the 24-24 rule and follow the chain of command as described at the Parent - Athlete - Coaches (PAC) meetings by the Activities Director.