



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Some of the many benefits of Eggplant include building strong bones, preventing osteoporosis, assisting in weight loss and managing diabetes!		1 Beef Taco Spanish Rice Mexi-Corn Romaine Lettuce	2 Pizzeria Pizza Green Bean Casserole Garden Salad
5 Mac + Cheese Garlic Breadstick Steamed Peas Baby Carrots	6 Hot Ham + Cheese Sandwich Romaine Lettuce Baked Beans	7 Crunchy Frito Pie Romaine Lettuce Grape Tomatoes Dinner Roll	8 Beef Pasta Bake Glazed Carrots Garlic Breadstick Crisp Celery	9 Teacher In-Service Day NO SCHOOL
12 Waffle Breakfast Sandwich Tater Tots Fresh Broccoli	13 Corn Dog Baked Beans Baby Carrots	14 Italian Dunker w/ Marinara Sauce Glazed Carrots Chilled Peas	15 BBQ Chicken Sandwich Baked Eggplant Cucumber Slices 	16 Breaded Fish Jo Jo's Dinner Roll Grape Tomatoes
19 Grilled Cheese Tomato Soup Popeye Salad Green Peppers	20 Chicken Nuggets Mashed Potatoes w/ Gravy Dinner Roll Baby Carrots	21 Tater Tot Nachos Spanish Rice Romaine Lettuce Pinto Beans Salsa Sour Cream	22 Cheeseburger on a Bun French Fries Garden Salad	23 Pizza Dippers w/ Marinara Sauce Glazed Carrots Baby Carrots
26 Pasta Rosa w/ Meatballs Seasoned Corn Fresh Broccoli	27 Frito Pie Dinner Roll Romaine Lettuce Pinto Beans Salsa Sour Cream	28 Diced Chicken w/ Gravy Mashed Potatoes Baby Carrots	School Lunch provides a balanced meal! It meets one-third of the nutritional needs of most children for the day! 	

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at npsd@aviands.com or call 715.479.5800

