

# Shamrock

## ☘ Shakes ☘



Shamrocks, or clovers, are a common sight in the month of March, because of the March 17<sup>th</sup> holiday, St. Patrick's Day. This holiday has been celebrated by the Irish for over 1000 years. On this special day, many people wear green, wish luck onto others, and display or wear shamrocks!

### Ingredients:

- 2 cups vanilla ice cream
- 1 $\frac{1}{4}$  cups whole milk
- $\frac{1}{4}$  tsp mint extract (or vanilla extract if you prefer)
- 8-9 drops green food coloring
- 2 Tbs chocolate syrup (optional)
- 2 Tbs whipped cream (optional)
- $\frac{1}{2}$  tsp green shamrock sprinkles or green sugar (optional)

### Directions:

1. Combine ice cream, milk, extract, and food coloring in a blender and blend until smooth.
2. Drizzle sides of cup with chocolate syrup.
3. Pour shake mixture into glasses, top with whipped cream and shamrocks (or other festive) sprinkles.
4. Enjoy with a straw or a spoon! 😊