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Northland Pines School District

1800 Pleasure Island Road • Eagle River, WI 54521 Phone: 715-479-6487 Fax: 715-479-7633 www.npsd.k12.wi.us

ADMINISTRATION

Dr. Mike Richie – District Administrator Margo Smith, C.P.A. – Business Manager

FOR IMMEDIATE RELEASE

March 5, 2014

CONTACT: Brian Margelofsky, Activities Director

bmargelofsky@npsd.k12.wi.us or 715.479.6286

Effective March 1, 2014, the Northland Pines School District has assumed operational management of the YMCA Eagle River Branch Fitness Center. The new name is the *Pines Community Wellness Center* and it is no longer affiliated with the YMCA. Our goal is to balance our wellness center budget by individual membership base, corporate memberships, programs, and donations. We will conduct one annual fundraiser organized and run by volunteers who are Northland Pines staff members, students, and/or community members.

Our fundraiser will be the "Moonlight Run" (formerly known as the Moonshine Run). This will be an annual event held on the second Saturday of July. This year's Moonlight Run will be held at 10:00 p.m. on Saturday, July 12, 2014, in downtown Eagle River near the Depot. The event will be a 5K run along with a kids race. It will be a family event which will benefit the Eagle River area. Activities will begin early evening with food, games, music and fun for the entire family. We anticipate over 400 runners for this event.

Pines Community Wellness Center hours are as follows:

Monday – Friday

Open: 5:30 a.m. to 1:30 pm Closed: 1:30 p.m. to 3:30 p.m. Open: 3:30 p.m. to 7:00 p.m.

Saturday & Sunday

Open 7:00 a.m. to 10:00 a.m.

Pines Community Wellness Office Hours are as follows:

Monday – Friday

10:30 a.m. to 2:30 p.m.

During office hours, Membership/Program Coordinator Becky Jefferson will be present to answer questions and assist with enrollment. You may also call and leave a message at any time 715-479-4473 ext. 3351.

Pines Community Wellness Center fees are as follows:

Single Yearly: \$275 – annual savings of \$25 & includes one FREE 6 week program per year, a \$20 value! Family Yearly: \$440 – annual savings of \$40 & includes one FREE 6 week program per year, a \$20 value!

Single Monthly: \$25 Family Monthly: \$40

College Students: \$15 per month, must provide College/University I.D.

Daily Pass: \$5 per person

FREE to all current NPSD students and all other students who live in the NPSD attendance area. Students must be in at least 6th grade to use the Wellness Center.

The Pines Community Wellness Center offers a variety of classes, including Boot Camp, Fitness for Life, Studio Cycling, Total Body Senior, Yoga, and Zumba®. If you are unsure about a class, you may try it one time for free before you pay.

Class session dates:

Spring 1 Session: March 3, 2014 to April 13, 2014 Spring 2 Session: April 14, 2014 to May 25, 2014 Summer 1 Session: May 26, 2014 to July 6, 2014 Summer 2 Session: July 7, 2014 to August 17, 2014

We would like everyone to come try out the Pines Community Wellness Center, which is why we are offering the entire month of March for FREE!

More information regarding the Pines Community Wellness Center and the Moonlight Run can be found on our website at www.npsd.k12.wi.us/pineswellness. You can also find that tab via our main website address at www.npsd.k12.wi.us.